Arc Action January 2023

The Arc of Blair County Newsletter

"Midnight Kisses and New Year's Wishes. This is your year to sparkle"

SEW...A note to follow Doe

The next series in our "teaching" classes is sewing. You do not need to know anything about sewing. Just try something different and gain a new experience!

Cortny Himes will be our instructor. You must register for this class. She is planning some cute projects. Everyone will go home with more than 1 item to proudly wear or display. In the past we

have sewn neck pillows to use as headrest when traveling, aprons, and

other items.

This will be a step-by-step, take-our-time,

class. It
will be built
in over
several
Monday's in
January so
that everyone
feels
comfortable
going at a
pace to finish
projects and



proudly show others what was created!!





FREE – Fire Alarm System

The Arc has only 2 new safety kits to donate, one per household. They were donated by Maria Moreland, who taught the card making class. The alarms flash a strobe light and shake to notify someone that it is time to get out of the house. It is intended for someone who is deaf or has sensory issues to loud noises. The alarm notifies of a doorbell and detects smoke/carbon monoxide. If interested, please call The Arc at 814.946.1011 and confirm you are an Arc member to receive this wonderful alarm. Thank you, Maria Moreland!

Choral Concert Planned

The chorus is practicing hard for their January concert. Keep checking under announcements on the Arc website for the time and date. The chorus is under the leadership of Nadeen Nerenberg and Pastor Evey Madison. There will be a large variety of songs performed so please come out and support the group.



January 2023 CLASS CALENDAR

Monday, every Monday beginning January 9: Sewing Classes. See first page for more details. Must register so materials can be purchased. 6:00 pm start and ends at 7:30 pm.

<u>Tuesday</u>, <u>January 3 at 5:30 p.m.</u>: Chorus - practice for the January concert!

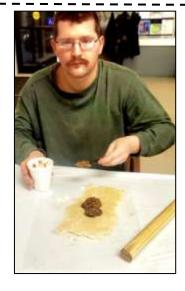
Tuesday, January 3 at 6:30 p.m.: West African Drumming

Tuesday, January 17 at 5:30 p.m.: Chorus practice

Tuesday, January 17 at 6:30 p.m.: West African Drumming

Wednesday's/Every Wednesday at 6:30 pm: Line Dancing

Be on the lookout: February will be advanced woodwork/artisan series. Arts at The Arc will begin in March. There will also be a spring dance in March. April will be return of cooking series for those who did not get to participate in the November classes. Details in future Arc Action newsletters.





Traditional holiday nut rolls were made at the baking class. Rolling dough in the past proved to be a challenging skill. With practice, students are becoming quite the dough experts!

Students from Penn State Altoona SNAP (nursing association) organization stopped by again to lend a hand. Thank you for your help!

This was a tough recipe with a lot of steps. Everyone should feel very proud of the end result! Remember, this class was taught so that the nut rolls can be given as gifts during the holiday season!







Holiday cards were made to be given as special personalized keepsakes to friends or loved ones. The photo on the right shows the many adorable choices available. A very special thank you to Maria Moreland and her sister for providing all of the supplies and teaching the class.

We are so grateful for sharing how to make these one-of-a-kind keepsakes.

Hugs to Maryssa Brandt for leading the class and arranging the holiday music and cookies on very short notice!. (more photos on last page)



Out and About

By Arc Members ...

... About Arc members

Have news to share? Doing something different? Let The Arc know and we will feature you in the newsletter. The Arc wants to see members who are trying different things, achieving goals, or becoming involved in the community.

Rochelle Replogle is featured this month. Rochelle created a collage of the classes she attended at The Arc and of her fun experiences at The Arc. Her collage includes tickets to Curve games, Halloween dances, tshirts and wall hangings she made, and so much more!

What a clever way to remember the friendships you formed, show off your many skills and projects, and to capture memories. It sounds like it was something fun to do. Perfect for rainy days or snow filled days!



Winter Weather Advisory

Remember, if The Arc finds it necessary to cancel a class due to weather, the decision will not be made until 4:00 pm. You can find updates for programs on The Arc website at www.thearcblair.org and click on announcements.

Many of The Arc instructors live further out, and a few do not even reside in Blair County. The Arc waits until closer to the program to observe the weather before making a decision. Again, you can find information, after 4:00 pm, on The Arc website and sometimes on Facebook.

Having problems accessing the website from your cell phone? If you are using your phone to search for the status of a class and see 'gobbly gook' or can't read the screen, follow these instructions:

- 1. For Android users once in The Arc website click on the 3 dots in the top right corner of screen. Scroll down until you see 'desktop site'. Click this button. The website should now be easily viewed.
- 2. For Iphones Click the "AAs" on the left of the web address bar. When the popup appears, select "request desktop website."



The Arc of Blair County www.thearcblair.org 431 Jackson Ave Altoona, PA 16602 814-946-1011

Achieve with us.

Non Profit Org U.S. PSTAGE PAID Altoona, PA Permit # 218

Current Resident or

As 2022 comes to a close, The Arc of Blair County reflects on its many blessings throughout the year. We would like to pause and thank the many volunteers who lead programs and classes. Thank you for the commitment you give to enriching lives. Many the blessings you offer boomerang back to bless you.

We would also like to thank everyone for the kind gifts dropped at the office throughout December. The staff is very appreciative. The Board of Directors and staff wish everyone a year in 2023 filled with health and laughter.





More card making photos

